

Allez-Viens 2 (Chap. 7-3): En pleine forme

O N D O I T B I E N S E N O U R R I R P
O N D O I T M A N G E R D E S P Â T E S
N Y T S O T Z U I E Y S Y B P T P U X G
X M Z F T Q E Ç I Z E I U L I U I I S L
H P E S R V D A X X L B T N J U D L G T
U G B T U D E T V K L T A O S H G S A U
T A X R O I U E E D E T I V É S D D V N
V L U H P B Q F B T S S B H W N E O O E
V P N V N M X E U W D I Q Z Q O V I U D
U N Y V O M U R D B O P D Y R V O V S E
E E F B B C E A P J I W Y D Y E I E D V
L S V S T S I D T S V E J O Q D R N E R
L A Y I S A M U U K E L C G T S P T V A
E U D O E B T B U G N W T L I U C U E I
D T I D ' X S I A X T P P O D O I U Z S
O E E U C T E E Y O K M D S J N L K W P
I P T T H E ' N W S D E V N U N S Y S A
T A J B F P C J O E J D H E P Z X O R S
W S Z I R U D R E G N A M T I O D N O L
Q Y Z F T I O D L I O O F T V D X F J R

I MUST
AVOID...
DON'T SKIP...
THEY (MASC) MUST
IT'S GOOD FOR YOU
EVERYONE SHOULD EAT WELL

WE MUST
SHE MUST
THEY (FEM) MUST
YOU SHOULDN'T...
IT'S BETTER THAN...
EVERYONE SHOULD EAT RICE

HE MUST
YOU ALL MUST
TO HAVE TO, MUST
IT'LL DO YOU GOOD
YOU MUST (INFORMAL)
EVERYONE SHOULD EAT PASTA

Solution

ONDOITBIENSENOURRIRP
ONDOITMANGERDESPÂTES
NYTSTOTZUIEYSYBPTPUXG
XMZFTQEÇIZEIULIUIISL
HPESRVDAXXLBTNJUDLGT
UGBTUDET VKLTAOSHGS AU
TAXROIUEEDETIVÉSDDVN
VLUHPBQFBTSSBHWNEOOE
VPNVNMXEUWDIQZQOVVUD
UNYVOMURDBOPDYRVOVSE
EEFBBCAPJIWYDYEIEDV
LSVSTSIDTSVEJOQDRNER
LAYISAMUUKELCGTSP TVA
EUDOEBTBUGNWTLIUCUEI
DTID'XSIXATPPODOIUZS
OEEUCTEEYOKMDSJNLKWP
IPTTHE'NWSDEVNUNSYSA
TAJBFP CJOEJDHEPZXORS
WSZIRUDREGNAMTIODNOL
QYZFTIODLI OOF TVDXFJR